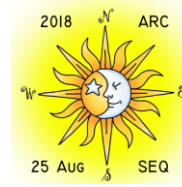




Competitors' Information The SunSEQer Rogaine 25-26 August 2018



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Thanks for your entry in the SunSEQer Rogaine – the 2018 Australasian Rogaining Championships, incorporating the 2018 Australian Intersvarsity Rogaining Championships.

INFORMATION FOR COMPETITORS

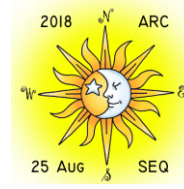
Event timetable

Time	Activity
Friday 24 August	
1400	ARA AGM at Manumbar Community Hall
1600	Registration open at Event Centre Camping area available for use
1830 Approx	Bus arrives at Event Centre
1830-1930	Hash house pre-booked meals available
2000	Registration closes for the night
Saturday 25 August	
0700-0800	Hash house pre-booked meals available
0800	Registration opens
0900	Issue of maps, checkpoint descriptions and course notes.
1030	Novice briefing, adjacent Admin area
1145	Final briefing (brief punch available)
1200	Event START
1800	Hash house and All Night Café (ANC) open
Sunday 26 August	
0500	Hash house begins breakfast service
0600	All Night Café closes
1130	Hash house begins lunch service
1200	Event FINISH
1230	Course closure, presentations
1400	Bus leaves for Brisbane Airport and City
1400+	Checkpoint marker collection, pack up. Camping available.
Monday 27 August	
0700+	Checkpoint marker collection – all offers gratefully received

For those who have ordered Friday night dinner and/or Saturday morning breakfast, tickets will be issued at Registration. If you ordered event merchandise and chose the 'Group Shipping' option, your orders will also be available for collection at Registration.



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Important

There is very limited mobile phone coverage on the course (Telstra coverage is best but still not very good). Proper preparation for this event is important for your safety on the course. All teams should carry:

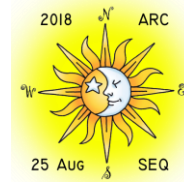
- Headlamp – one per person
- Whistle – one per person is compulsory
- Warm clothing – temperatures may drop below zero and you will need to stay warm if injured
- Waterproof jacket (rain ponchos are not adequate) – one per person
- First aid kit – one per team – containing, at a minimum, 2 space blankets, one crepe bandage (min length 2m) with clips/safety pins, blister pack or sterile dressing, roll of strapping tape
- Water – sufficient water to last between water refill points – at least 2 litres per person

What to bring

- Camping gear, tent, sleeping bag, air mattress, pillow, etc. if you plan to camp at the hash house.
- Comfortable non-smelly clothes to change into afterwards. Warm jumper or jacket.
- Eating gear - plate, bowl, mug, cutlery, tea towels etc, folding chair to sit in while you eat and to relax in after the event. **Bus ticket holders only** will be provided with crockery and utensils at the hash house. Others may request crockery/utensils by sending an email to arc2018@qldrogaine.asn.au in advance.
- Food for Friday night and Saturday prior to the Hash House opening (unless you have pre-booked meals), plus energy foods for during the event.
- Walking gear – shorts or long pants, loose fitting cotton shirt, hat, gaiters, comfortable walking boots or shoes. The setting team did not encounter a lot of lantana or grass seeds but you should expect to encounter some of both – please read [this information](#) on grass seed protection.
- Day pack with toilet paper, toilet trowel, rubbish bag, first-aid kit, change of warm clothes for cold night conditions, head lamp with spare bulb and batteries, water (minimum of 2 litres), sunscreen lotion. Compass, whistle for your own and others safety, a watch and a soft pencil.
- Please bring your own water for prior to and after the event (where practical).
- Map equipment - biros, highlighting pens, scissors, ruler, measuring string, sticky tape, additional map protection if desired (map is printed on 167gsm Teslin waterproof paper), a folding chair and folding table for map preparation. Some tables and chairs will be provided for interstate/international competitors.



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Weather

While rain is not particularly likely, it is possible. Try to keep as dry as possible during the event for your own comfort and safety.

Statistically temperatures can be expected to range between a minimum of 10° to a maximum of 25°. However it is quite possible that the overnight temperature could drop to 0°C or below with day time temperature up to 30°C or even slightly more. **Both** of these extremes could occur during the event. The moon will be full. If you want to get an idea of the range of likely temperatures look at the forecast minimum for Stanthorpe and forecast maximum for Kingaroy.

Moonrise 16:29 Sunset 17:37 Sunrise 06:11 Moonset 05:58

The Hash House

The Hash House will be open to provide dinner from 6pm on Saturday evening and will provide service throughout the night. Breakfast and lunch will be provided on Sunday. You will need to provide your own food and drink needs outside the listed times (unless you have pre-booked meals for the Friday night and Saturday morning). You will also need to bring your own plates, mug and cutlery (unless you are booked on the bus or have requested them to be supplied).

There will also be an All Night Café at a remote part of the course, which will provide hot food (soup/stew/toasties) and drinks from 6pm Saturday to 6am Sunday.

Directions

From Brisbane:

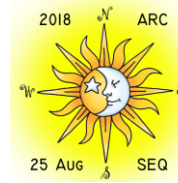
Travel north on the A3 / M1 to the Kilcoy exit (Exit 152, follow signs for Kilcoy). Once you reach Kilcoy, turn right at the roundabout (follow signs for Jimna). Follow the road for 79km (ignore the turnoff to Jimna and continue towards Goomeri and Murgon) to the crossroads at Manumbar, turn right and travel 300 metres to the Event Centre at the Manumbar Campdraft Grounds. There will be 'rogaine' signs at the Manumbar crossroads. The road is sealed until you pass Jimna (unsealed road but good for 2WD vehicles for the last 41km). A Google Maps link with directions from Brisbane to Manumbar Campdraft Grounds is provided here: <https://goo.gl/maps/1QLY4TpqtTv>

From Other Locations in SEQ:

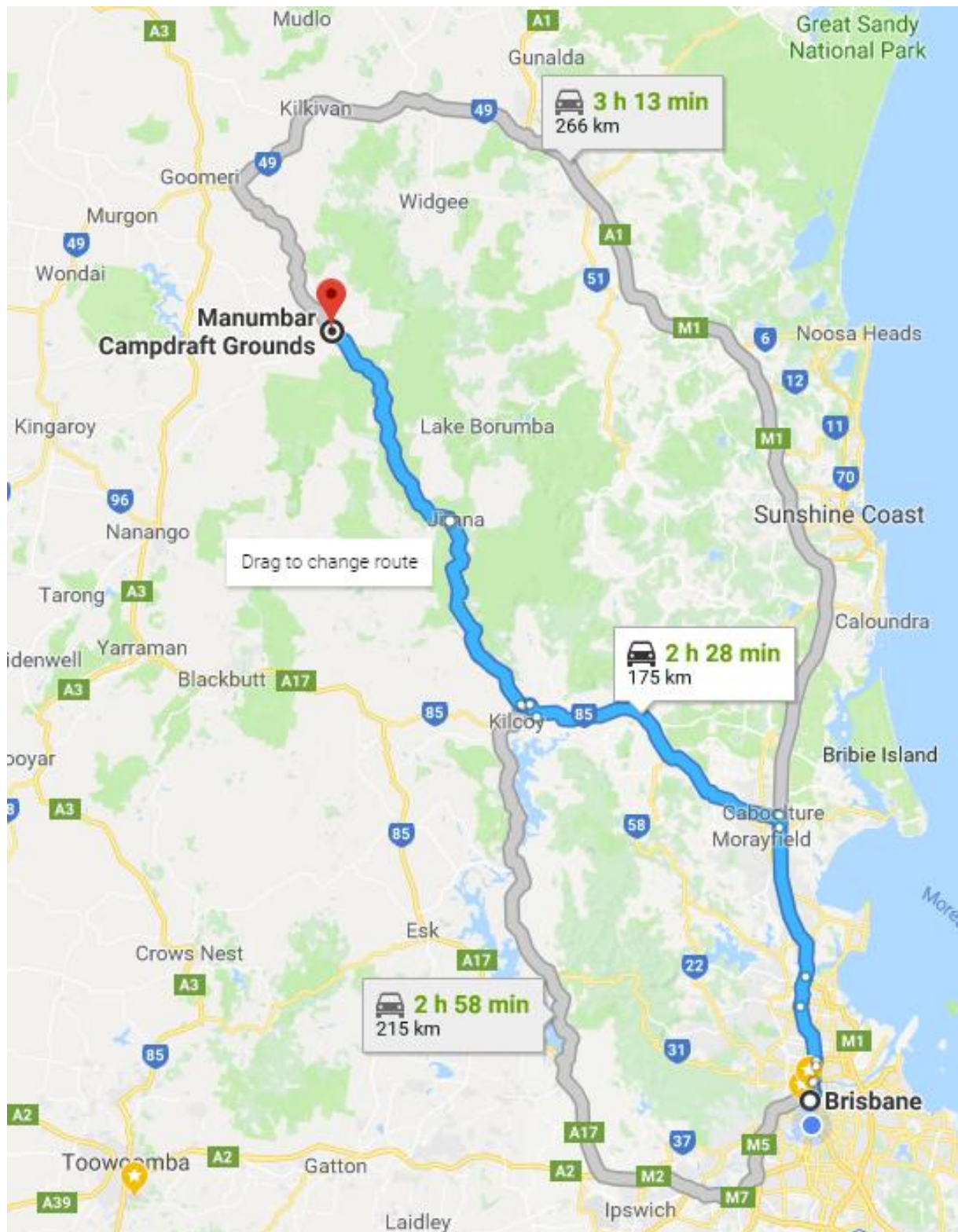
Public road access via unsealed road (suitable for 2WD vehicles) is available from the north (Kinbombi Road from Goomeri / Kilkivan) and west (Manumbar Road from Nanango). The access via Nanango has much less unsealed road than other routes but is a much longer drive from Brisbane than going direct from Kilcoy.



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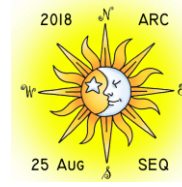


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The road from Kilcoy to the event site via Jimna passes through a lot of heavy forest areas with abundant wildlife. People using this road around dusk, dawn or at night are advised to use extreme caution. The roads between the event site and both Nanango and Goomeri also have substantial wildlife activity and, in addition, have many unfenced sections with cattle often on or adjacent to the road. Again, extreme caution is advised. If you intend to overnight in Nanango before the event be aware that the town water there is bore water that is quite hard and has a distinctive taste. You are advised to consider filling your water carrying containers for the event prior to arriving in Nanango.

Camping

Camping space will be available at the Event Centre for Friday, Saturday and Sunday nights. BYO tent, sleeping bag, etc.

Toilets

Portaloos will be provided near the administration area. If you need to "go" while you are out on the course, please ensure that all waste matter (including paper) is adequately buried.

Novices

A briefing for novice teams will be held at 10.30am Saturday, near the Admin area.

Emergency Procedures

If a team fails to return we can track its route from the information given on the flight plan and/or Navlight controls. A search of a relatively small area can then be organised.

SAFETY ROUTES. There will be safety patrols along marked routes on the event map which will find you if you are unable to continue to the hash house.

The **EMERGENCY SIGNAL** is six blasts on your whistle, repeated at intervals. If you hear this signal on the course, you must go to the assistance of the caller.

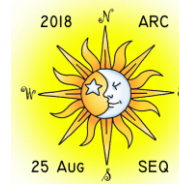
In the event of an accident or illness, make the patient warm and comfortable, then take a **SAFE** route to the Hash House, via the safety patrol route where practical, and inform the organisers.

The Map

The map is printed on 167gsm Teslin waterproof paper at a scale of 1:40,000 with 10 metre contours. The map size is 615mm x 725mm. The map has been produced in a GIS based on recent mapping data showing contours, watercourses, major roads/tracks and an indication of vegetation.



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The Area

The area consists of privately owned cattle properties in the northern part with some State Forest in the southern part. The northern part of the course is mostly open terrain, while the State Forest is generally thick vegetation. The setting team did encounter some lantana and grass seeds but the lantana is generally easily skirted and the grass seeds not problematic if you have appropriate clothing and footwear. The event is on cattle country. This means barbed wire fences. Generally these are 4-strands of barbed wire although the ones adjacent to public roads often have a plain top wire. Some were loose enough to permit the Course Setter to cross over the top but most required the pack to be dropped over the fence before rolling or slithering under the bottom wire. A very small number of electrified fences were encountered. We will endeavour to have all these turned off during the event but cannot guarantee it. Be alert to electric fences.

Based on course setting experience you can expect to encounter some or all of; Eastern Grey Kangaroos, Red Neck Wallabies, Pademelons, Feral Deer, Hares, lots of water birds and in the dark, Rufous Bettongs. Enjoy the opportunity.

Despite the area now being very dry they had an extremely wet summer. This led to luxuriant growth of the grasses in the grazing areas. Much long grass remains which can make progress in some areas slower than the openness and gentle undulation of the area might normally suggest. Moreover the areas of thicker grass are not readily apparent from either the map or looking at the terrain from a distance as it is highly dependent on the stocking rate of the property in question. Thus just crossing a fence can lead to a significantly different density of grass. We are confident that this will even itself out for individual teams over the course of the event but you should be aware.

Three weeks out from the event, and after all course setting had been completed, we had three areas for which we believed we had secured access approval for the event become unavailable reducing the event area by ~20%. This is quite unfortunate and we apologise for it but there was little that could be done in such a short timeframe. We are confident that the course will remain challenging and enjoyable but, unfortunately, some of the optionality of the original course design has been compromised.

ARC Categories and the 15hr Roving Option

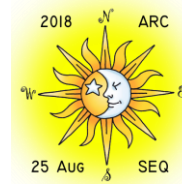
The Australasian Rogaining Championships is a 24hr event. Only the full 24hr competition categories listed in the [ARA Technical Regulations](#) are recognised for the purposes of the 2018 Australasian Rogaining Championships. Trophies will be awarded for first, second and third placings in each age/gender category in the Australasian Rogaining Championships and for first, second and third in the Intervarsity Championships.

Teams who do not want to stay out on the course for the full 24 hours, but still want to be competitive, can qualify for the Roving 15hr event by staying out on the course for less than a total of 15 hours. The amount of time you spend on the course can be split over several separate periods within the 24h duration of the event if desired. **You will need to 'check in' and 'check out' at the Admin tent** at the Hash House to make sure the time spent on the course is recorded correctly in the Navlight scoring system.

The 15hr Roving categories are not recognised as Australasian Championship categories. Note that time spent at the All Night Café is regarded as time on the course in the 15hr Roving event.



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Communication

There is limited mobile phone service in the area. There will be a safety patrol along the routes marked on the map. You are encouraged to carry at least one mobile phone per team in a waterproof bag to be used only for emergency communications. Use of a phone for any other purpose whilst on the course is a breach of the rogaining technical regulations. If you do need to use the phone for assistance, sending an SMS is often more reliable than calling in areas with patchy reception. **Tamper-proof opaque bags will be provided at Administration. All phones must be sealed in bags prior to the start of the event.**

Landowners and property

Multiple private landowners have granted permission to use their land. We are very grateful for their support. You must respect their property. Be courteous and say "hello" if approached. Please remember:

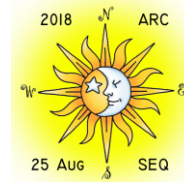
- **No pets**, no matches or fires, no smoking, no litter.
- Do not go near homes, sheds, machinery or roads leading to them. Where practical we ask that you remain at least 300 metres away from homes and sheds. **Leave all gates as you find them.**
- Be careful at fence crossings – always avoid fence damage. Do not enter any out-of-bounds areas. This is critically important as any entry of an out-of-bounds area, deliberate or accidental, will cause enormous reputational damage to rogaining, is likely to constitute a breach of biosecurity regulations and, based on the Course Setters experience, has the potential to lead to an extremely unpleasant confrontation with the relevant landowner.
- Cattle are not used to seeing people on foot. Give them a wide berth. Be particularly careful at fence junctions – cattle may panic and attempt to break through the fence. There may be bulls in the area and giving them a wide berth is recommended. The course setting team have found that many of the cattle will rush towards you, then stop and rush away before repeating the process. At no time did we feel threatened in any way by cattle, they are just hoping you have something for them to eat.
- All rubbish must be returned to the Hash House and taken home with you.
- Do not harm or remove any animals, birds or plants.
- Report any damage to the administration area upon finishing.

Water

Water is provided at several locations on the course (marked on the map), as well as at the All Night Café.



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Indemnity forms

Your Indemnity Form will be handed out along with your maps at the event. **It must be completed and returned along with your "flight plan" before you will be allowed to collect your Navlight tags and start the event.** Please attend to this with Administration as early as possible, as well as making sure any phones and GPS units are sealed in the supplied bag.

Electronic Scoring – Navlight

The event will be timed using the Navlight scoring system. Each team member is required to wear a Navlight tag attached with a wristband. At each checkpoint you will find (along with the control flag) two electronic punches. One of the punches must be touched to **each** Navlight tag, causing an LED in the punch to flash. This demonstrates the checkpoint visit has been recorded successfully. Either punch can be used and all team members do not need to use the same punch.

Before starting the event, each tag must be touched to the 'Brief' punch. This will be available at the Final Briefing (11:45am).

Upon finishing or returning to the Hash House for a break, each tag must be touched to the 'Finish' punch. If a team leaves the Hash House to go back out on the course, the 'Depart' punch must be used. After the 'Finish' punch is used for the final time, competitors should proceed to the download computer where the tags will be removed and read. In the event of the tags for the team showing different scores, the lowest score will be used as the team score.

Should both Navlight punches at a checkpoint fail (hopefully unlikely), you need to record the three letter code visible on the body of one of the punches and give the code to the admin team on finishing the event. Please carry a pen and paper for this purpose.

GPS Capable Device Bagging

In accordance with R7 of the ARA Rules of Rogaining, if a competitor wishes to carry any GPS capable or other prohibited device on the course they must ensure that it provides no audible feedback and must submit it to the Admin desk for sealing it in a tamper-proof enclosure. This includes smartphones. This can be done at any of the following times:

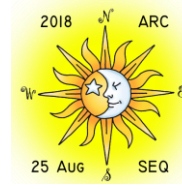
- Friday 24th August 4:00pm to 8:00pm
- Saturday 25th August 8:00am to 11:30am

Competitors are asked to attend to this as early as practical to minimise the risk of them not being able to get their device(s) sealed and recorded before the closing time.

Any Competitor who has a device sealed and recorded **MUST** present the sealed enclosure to Admin after they finish the event but before 1:00pm on Sunday 26th August. The team of any competitor who fails to do this shall be disqualified.



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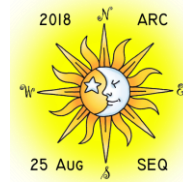
General Rogaining Rules

The rules of rogaining apply in this event and competitors should be familiar with these rules (the full ARA Technical Regulations are [here](#)). Below are a few key rules to assist in making this a safe and fair event.

- All participants shall show respect for public and private property and the environment by ensuring no litter, damage to crops or property and no disturbance to stock or other persons.
- Participants shall only travel on foot and all team members shall remain within verbal contact of one another at all times. All participants **must** demonstrate that they are in verbal contact with **all** their teammates if requested to do so by any other participant or event official.
- You must not deliberately follow another team or otherwise seek assistance.
- All food, equipment, clothing etc. must be carried back to the finish with the team. Things may be dropped temporarily during the event, but **must** be brought back to the finish.
- All team members must pass simultaneously within **5 metres** of any checkpoint for which points are claimed. You must not rest within 100 metres of any checkpoint.
- To be awarded points for a checkpoint you must punch **all** the team's Navlight tags or, in the case of the Navlight unit failing, record the three letter code. If the Navlight punches are missing, you must notify the event officials of the details immediately when you return to the finish.
- All participants **must** advise their team number to any other participant or event official if requested to do so. No reason need be given for such a request.
- If one or more members of a team wish to withdraw, **the entire team must return to the finish area**. The remaining members may form a new team, if approved by the event officials, but no credit will be given for checkpoints previously visited.
- Whenever a team is at the Hash House they must check in at the Admin area, and then check out before heading out again.
- Electronic aids such as GPS receivers and altimeters may not be used on the course.
- Breaching the rules will result in disqualification, except for those rules relating to punching the Navlight tag and resting near checkpoints for which the penalty is loss of the points for that checkpoint.
- A late penalty of 10 points per minute or part thereof will be deducted from the score of any team returning after the advertised finish time, until the course closes 30 minutes later. Any team returning after course closure will be deemed **LATE** and score no points.



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- Rogaining relies on all participants acting safely, fairly and in the interests of the sport. If at any time you see an action that you feel may be in breach of the rules, then you are encouraged to ask the other team to demonstrate that they are in compliance with the rules and to ask them their team number. Please report any activities that concern you to the event officials as soon as you finish, including the number of any team that caused you concern. This is not an issue of “dobbing in your mates” it is an issue of making rogaining safe and fair for all concerned.

The Volunteer Organising Team:

Paul Guard – Event Director, Navlight
Richard Robinson – Course Setter
Paul Frylink – Vetter and Hanger, Mapping
Tim McIntyre – Vetter and Hanger
Linda Thompson – Land Liaison, Merchandise
Peter McCallum – Logistics

Team Members:

Jennie and Tony Bond, Darren Saunders, David Firman, Tamyka Bell, Derek Ireland, Adam Woods, Tony Mayer, Michelle Newstead, Jordan Hougan, Jo Wild, Tony Bowman, Mark Wilson, Roger Williams, John Wevers, Mandy Caldwell, Mike Page, Grant Hodgins, Fiona McIntyre

Thanks also to QRA Committee members, the Australian and New Zealand Rogaining Associations, the Manumbar Campdraft Association and their catering personnel, Megan and Chris Scott (ANC providers) and all of the landholders in the Manumbar district who have generously allowed us access to their properties for the event.

We look forward to seeing you at the event!